



Book your appointment online at www.labonlinebooking.ca or call 1-844-870-4756
Lab locations, hours, and fasting information available here:
https://www.interiorhealth.ca/information-for/patients-and-visitors/lab-tests-and-services

ORDERING PRACTITIONER: ADDRESS, PHONE, MSP PRACTITIONER NUMBER

Yellow highlighted fields must be completed.

For tests indicated with a blue tick box, consult provincial guidelines and protocols (www.BCGuidelines.ca)
https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines

Bill to -> [] MSP [] ICBC [] WorkSafeBC [] PATIENT [] OTHER:

PERSONAL HEALTH NUMBER, ICBC/WorkSafeBC NUMBER, LAST NAME OF PATIENT, FIRST NAME OF PATIENT, DOB, SEX, PREGNANT?, FASTING?, CONTACT NUMBERS, ADDRESS OF PATIENT, CITY/TOWN, PROVINCE, POSTAL CODE, DIAGNOSIS, CURRENT MEDICATIONS/DATE AND TIME OF LAST DOSE

HEMATOLOGY
[] Hematology profile
[] INR
[] Ferritin (query iron deficiency)
HFE - Hemochromatosis (check ONE box only)
[] Confirm diagnosis (ferritin first, +/- TS, +/- DNA testing)
[] Sibling/parent is C282Y/C282Y homozygote (DNA testing)

URINE TESTS
[] Macroscopic -> microscopic if dipstick positive
[] Macroscopic -> urine culture if pyuria or nitrite present
[] Macroscopic (dipstick) [] Microscopic *
* Clinical information for microscopic required:

CHEMISTRY
[] Glucose - fasting (see reverse for patient instructions)
[] Glucose - random
[] GTT - gestational diabetes screen (50 g load, 1 hour post-load)
[] GTT - gestational diabetes confirmation (75 g load, fasting, 1 hour & 2 hour test)
[] GTT - non-gestational diabetes
[] Hemoglobin A1c
[] Albumin/creatinine ratio (ACR) - Urine

MICROBIOLOGY - LABEL ALL SPECIMENS WITH PATIENT'S FIRST & LAST NAME, DOB, PHN & SITE

ROUTINE CULTURE
On Antibiotics? [] Yes [] No Specify:
[] Throat [] Sputum [] Blood [] Urine
[] Superficial Wound, Site:
[] Deep Wound, Site:
[] Other:

VAGINITIS
[] Initial (smear for BV & yeast only)
[] Chronic/recurrent (smear, culture, trichomonas)
[] Trichomonas testing

GROUP B STREP SCREEN (Pregnancy only)
[] Vagino-anorectal swab [] Penicillin allergy

CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT
Source/site: [] Urethra [] Cervix [] Urine
[] Vagina [] Throat [] Rectum
Other:

GONORRHEA (GC) CULTURE
Source/site: [] Cervix [] Urethra [] Throat [] Rectum
Other:

STOOL SPECIMENS
History of bloody stools? [] Yes
[] C.difficile testing [] Stool culture [] Stool ova & parasite exam
[] Stool ova & parasite (high risk, submit 2 samples)

DERMATOPHYTES
[] Dermatophyte culture [] KOH prep (direct exam)
Specimen: [] Skin [] Nail [] Hair
Site:

MYCOLOGY
[] Yeast [] Fungus Site:

HEPATITIS SEROLOGY
[] Acute viral hepatitis undefined etiology
Hepatitis A (anti-HAV IgM)
Hepatitis B (HBsAg +/- anti-HBc)
Hepatitis C (anti-HCV)
[] Chronic viral hepatitis undefined etiology
Hepatitis B (HBsAg; anti-HBc; anti-HBs)
Hepatitis C (anti-HCV)
Investigation of hepatitis immune status
[] Hepatitis A (anti-HAV, total)
[] Hepatitis B (anti-HBs)
Hepatitis marker(s)
[] HBsAg
(For other hepatitis markers, please order specific test(s) below)
[] HIV Serology
(patient has the legal right to choose not to have their name and address reported to public health = non-nominal reporting)
[] Non-nominal reporting

OTHER TESTS - Standing Orders Include expiry & frequency
[] ECG
[] FIT (Age 50-74 asymptomatic q2y) Copy to Colon Screening Program
[] FIT No copy to Colon Screening Program

LIPIDS
[] one box only
Note: Fasting is not required for any of the panels but clinician may specifically instruct patient to fast for 10 hours in select circumstances [e.g. history of triglycerides > 4.5 mmol/L, independent of laboratory requirements.
[] Full Lipid Profile - Total, HDL, non-HDL, LDL cholesterol, & triglycerides (Baseline or Follow-up of complex dyslipidemia)
[] Follow-up Lipid Profile - Total, HDL & non-HDL cholesterol only
[] Apo B (not available with lipid profiles unless diagnosis of complex dyslipidemia is indicated)

THYROID FUNCTION
For other thyroid investigations, please order specific tests below and provide diagnosis.
[] Monitor thyroid replacement therapy (TSH Only)
[] Suspected Hypothyroidism (TSH first, FT4 if indicated)
[] Suspected Hyperthyroidism (TSH first, FT4 & FT3 if indicated)

OTHER CHEMISTRY TESTS
[] Sodium [] Creatinine / eGFR
[] Potassium [] Calcium
[] Albumin [] Creatine kinase (CK)
[] Alk phos [] PSA - Known or suspected prostate cancer (MSP billable)
[] ALT [] B12 [] PSA screening (self-pay)
[] Bilirubin [] Pregnancy test
[] GGT [] T. Protein [] B-HCG - quantitative

SIGNATURE OF PRACTITIONER, DATE SIGNED

DATE OF COLLECTION, TIME OF COLLECTION, COLLECTOR, TELEPHONE REQUISITION RECEIVED BY: (employee/date/time)

INSTRUCTIONS TO PATIENTS (See reverse)
Other Instructions:

For Lab locations, hours, and fasting information please visit:
<https://www.interiorhealth.ca/information-for/patients-and-visitors/lab-tests-and-services>

Patient Instructions

Some tests require the patient to fast. Fast means nothing to eat or drink before the test (includes gum, candy, multivitamins, dietary supplements, etc). Water is allowed. No smoking. See tests below for guidance.	
Cholesterol / Triglyceride / HDL / LDL	Fast 8 – 12 hours prior to the test if indicated by the physician.
Glucose Fasting	Fast 8 hours prior to the test.
Glucose Tolerance Test Non-Gestational GTT	For 3 days prior, eat regular meals with adequate carbohydrate intake. Fast 8 hours prior to the test.
Gestational Diabetes Confirmation	Patient must remain at the Lab for the duration of the test.
Gestational Diabetes Screen	Fasting not required. Blood is collected 1 hour after glucose drink is given to the patient. Patient must remain at the Lab for the duration of the test.
Therapeutic Drug Assays	Blood should be taken just prior to the next dose of medication.
24 Hour Urine	Containers and Patient Instructions are provided by the Laboratory.
Stool C&S, C.difficile, O&P, Occult Blood	
Urine Culture (C&S)	
Sputum Culture	
Semen Analysis	
Check with your physician or local laboratory for further testing information.	
Detailed information on MSP Protocols and Guidelines is available at: https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines/laboratory	